

**Family Support Services
Education Division – Brief Program Descriptions**

FAST – a collaborative program available to elementary and middle school campuses in the 79107 zip code where families gather in schools to participate in research-based activities aimed at strengthening the family unit, promoting child success in school, preventing substance abuse and reducing the stress that parents and children experience from life situations/issues.

FASTWORKS – a two-year follow-up or maintenance program for graduates of the FAST program, designed to provide ongoing activities and group interactions which support the positive family interactions experienced in the FAST program.

YOUTH ADVISORY COMMITTEE – is a program that collaborates with FAST to target middle and high school students who exhibit a desire to enhance leadership, character, volunteerism and communication skills.

SEXUAL ASSAULT PREVENTION EDUCATION - the program is designed to provide various presentations in the community to groups from Pre-K through adult to enhance awareness of existing problems such as: sexual molestation and date rape drugs. Primary within the program are the WHO (We Help Ourselves) and the Bullying/Sexual Harassment curriculums which are designed to teach children to know, say, and do certain things in dangerous or uncomfortable situations to increase their personal safety.

PRACTICAL PARENTING EDUCATION – the program is designed around weekly 90 minute classes, incorporating informational presentations, group discussions, videos and handouts about various subjects related to developing positive parenting skills.

PREPARATION FOR ADULT LIVING – a program designed to teach and support the development of independent living skills among children ages 15-18 in the foster care system.

INTENSIVE CASE MANAGEMENT – a program designed to provide ongoing support for independent living skills training for adults 18 to 21 who have “aged-out” of foster care after completing the PAL program.

CHILD ABUSE PREVENTION COORDINATION – is a multi-faceted program designed to increase community awareness of child abuse prevention issues through development of a resource library, educational presentations in the community and participation in the Alliance for the Prevention of Abuse, a multi-disciplinary community coalition.

- **Alliance for the Prevention of Abuse** is a multidisciplinary coalition dedicated to the elimination of abuse in all of its' forms through education networking and community empowerment. Any adult in the community who is interested in abuse prevention is encouraged to join our coalition.
 - ❖ **APA meetings** are held at Family Support Services the second Wednesday of each month at 3pm. Refreshments and door prizes are included.

- **Child Abuse Prevention Resource Library** is located on the second floor of Family Support Services and is available to the public during normal working hours. The library includes books, audiocassettes and video tapes on a wide variety of prevention related topics.